

REGIONAL ANAESTHESIA

REGISTRAR'S STUDY DAY

**April 15th, 2010 @ Dalton Ellis Hall,
Conyngham Road, Manchester M14 5RL**

08:45 – 09:00 Coffee and registration

09:00 – 09:15 Introduction and Overview

09:15 - 09:30 Physics of ultrasound

09:30-09:45 “Knobs and stuff”

09:45-10:00

COFFEE

10:00- 12:00 **Workshops: (Landmark, Ultrasound & needling techniques)**

UPPER LIMB BLOCKS

- a. **Axillary , Elbow, Wrist , Ring** : 60min : 25 demo, 30min practice
– *Dr. Veluyathan & Dr. Neeraj Sharma*

5 minutes changeover per station

HEAD AND NECK BLOCKS

- a. **Brachial Plexus Blocks: Supraclavicular, Interscalene, Vertical infraclavicular, Airway Blocks, Cervical Plexus block** 30 min
–*Dr. Simon Varley & Dr. Swati Karmarkar*

12:00-12:45 Lunch

12:45- 14:15 **Workshops**

TRUNK AND ABDOMINAL BLOCKS

- a. **Paravertebral And Intercostal** - *Dr.Nyall O,Keefe*
b. **TAP and Rectus Sheath:** *Dr. Anand Rajasekaran*
c. **Epidural space location:** *Dr. Pavan Kocchar, Dr. Natesan*

14:15-14:30

COFFEE

14:30- 16:00

Workshops

LOWER LIMB BLOCKS

- a. **Lumbar Plexus Block:** *Dr. Madho Jingree*
- b. **Fascia Iliaca, Popliteal , Ankle Blocks:** *Dr. Bamgbade*
- c. **Femoral, Sciatic, Popliteal :** *Dr. I. Gall*

5 minutes changeover per station

16:00: Close and feedback.

Thank you
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