



POEMS
FOR CHILDREN

Management of Anxious Children
10th October 2012
The RSA London



Course Information – October 10th 2012

How will I benefit from this course?

The course is unique in capturing both feedback and feedforward data from past and future candidates.

Feedback data from past candidates clearly shows that the course improves a practitioner's ability to effectively communicate with anxious children. It also shows that any practitioner in any role can manage and reduce anxiety in children under their care. On occasion the anxiety can be prevented altogether.

It is without doubt that a team of trained practitioners utilising the techniques introduced on the course will dramatically reduce the prevalence and degree of general and procedure-related anxiety in children undergoing medical interventions. This will also lead to a reduction in the consequent morbidity experienced by these children and a global improvement in patient experience.

Feedforward data is captured prior to the course to allow evaluation of the candidates' prior experience and future needs. This allows us to deliver a course that is dynamic, focused and tailored to the needs of the group.

Quotes from previous candidates:

"The quality of the information I learned on this course far outstrips previous information on communication techniques, and the delivery is accessible and democratic - teachers practiced what they preached."

"It would be a useful course for everyone who works with children."

"As a course this set some benchmarks for the correct approach - based on sound knowledge."

"Every now and again you go on a study day that really changes your practice and yours certainly has for me ... it really works and is the way ahead!"

What aspects of anxiety and its management are covered?

The course introduces comprehensive background information regarding the nature, causes and consequences of procedure-related anxiety. The basic and advanced communication techniques utilised in the management of anxiety in children are discussed and illustrated in detail. An integrated approach to the prevention, elective and emergent management of general and procedure related anxiety is presented.

How is the course structured?

The course utilises formal lectures, interactive scenarios, photographic and video illustrations of the techniques used in addition to a question and answer session. There is also a practical experiential session on hypnotherapy.

Course Schedule for 10th October 2012

Venue

The Royal Society of Art
The Durham Street Auditorium
8 John Adam Street
London
WC2N 6EZ

Morning

0830-0900

Registration

0900-0915

Introduction

Dr R Martin

0915-1015

The Nature of Anxiety

Understanding the nature and origin of anxiety
Who gets anxious and why?
What influences the prevalence, development
and management of anxiety?

Mike Stylianou

1015-1030

Coffee

1030-1215

Communication

Basic Communication

Non-verbal communication
Verbal Communication

Advanced Communication

Advanced communication techniques
Metaphor
Distraction
Guided imagery
Magic
Hypnotherapy
Technology

Dr Philip Cunnington

1215-1315

Lunch

Afternoon

1315-1445

Anxiety Management in Practice

How our workspace influences anxiety

Teamwork

How can the 4Ps and 4Ts influence anxiety?

A “What and Why” step-by-step guide to how you can use the 4Ps and 4Ts

The Patient Journey - When to use basic and advanced techniques plus what you are hoping to achieve

Dr Richard Martin

1445-1500

Coffee

1500-1545

Autistic Spectrum Disorders

Autism

ADHD

Developmental Delay

Parents

Dr Richard Martin

1545-1615

Open Forum and Discussion

1615-1645

Hypnosis and Hypnotherapy

What is hypnosis?

Why are trance theory, covert/conversational hypnosis and suggestion important in the management of anxious children?

Mike Stylianou and Dr Richard Martin

1645-1700

Experiential Hypnosis Session

Mike Stylianou

**Welcome
to the RSA,
the home of
enlightened
thinking
since 1774**



ARTS AND COMMERCE PROMOTED.



The RSA House,
George Samuel, 1784

The RSA House – built for society

There are many reasons why the RSA has kept the same address for 240 years.

The Society's central London townhouse was purpose built for it in 1774 by the celebrated Scottish architects Robert and James Adam. As well as an elegant neoclassical façade and grand staircase, their design included two impressively proportioned rooms, suitable for holding meetings, public lectures and exhibitions.

Twenty years after its foundation in a Covent Garden coffeehouse, the RSA had been given a home that matched the scale and ambition of its goal – to promote social progress by harnessing the power of great ideas. Soon, 8 John Adam Street became a world-renowned centre for Enlightenment thinking.

Since then, the RSA's priorities have evolved to meet contemporary challenges, but it continues to honour its founders' vision through ambitious social projects. An outstanding programme of free public events attracts the participation of leading figures from a range of disciplines and has reached a global audience of more than 18 million via the RSA website.

The desire to embrace the future while acknowledging the RSA's past is reflected in the fabric of the House itself. The Great Room looks much as it did in 1784, when Romantic artist James Barry completed the magnificent cycle of paintings that line its walls. Many of the smaller rooms also retain their original ornate ceilings and fireplaces.

More recently, large brick vaults, once used to store wine, have been transformed into dramatic events and social spaces, including a restaurant. Meanwhile, Durham Street, a cobbled 18th century lane that originally ran under the House, has been incorporated into the building as a state-of-the-art auditorium.

All of these rooms are available for private hire, and a team of dedicated professionals is on hand to ensure that events that take place at the House meet the same standards of excellence to which the RSA has always aspired.



Great minds have been sharing their ideas here for 240 years. Care to join them?



The RSA can count among its Fellows many of the most prominent thinkers and social activists of the past two centuries, including Dr Johnson, Karl Marx, Charles Dickens, Marie Stopes and Stephen Hawking.

Today, 27,000 Fellows – key influencers and decision-makers from a wide variety of professional backgrounds – look to 8 John Adam Street as their intellectual home.

Throughout its history, the RSA has also extended a welcome to others looking for a place to discuss their ideas. In the early days, when few other organisations had their own lecture theatres, learned societies would hold their proceedings in the House. The RSA has also played host to some landmark

events, including Britain's first photographic exhibition and early public demonstrations of the telephone and talking film.

This tradition continues, with book launches, lectures, conferences, and film premieres taking place in the Great Room, Durham Street Auditorium and Benjamin Franklin Room. These air-conditioned venues are equipped with state-of-the-art AV and can hold between 60 and 200 people.

The RSA House also has more intimate rooms for smaller events involving between 14 and 50 participants. With their natural light and original Adam-style interiors, these offer an inspiring setting for board meetings, presentations and workshops.

In 1754, having a good time meant an evening at the coffeehouse. Fortunately, times have changed.



Just as it works hard to keep pace with developments in contemporary thought, the RSA constantly strives to deliver hospitality that will enchant and delight guests attending social functions in its House.

The more traditional spaces can be used for private dining, from intimate, candlelit suppers to banqueting on a grand scale. The range of rooms available creates the option for drinks receptions to be held after events, before meals or as special occasions in their own right.



The converted vaults downstairs offer an unrivalled contemporary space for spectacular parties, while the Durham Street Auditorium can be turned into a private cinema for the evening, allowing organisers to screen films of their choice.



The head chef and his team are passionate about using local, seasonal and sustainable produce, and the cellar combines the best of New World and European wines. For cocktail parties, there is a talented mixologist, and for anyone who wants one, the RSA still serves an excellent cup of coffee.

And after the Age of Enlightenment... the Era of the Romantic

With its graceful Georgian architecture, stunning interiors and central London location, the RSA House is the metropolitan wedding venue par excellence.

Couples have a choice of flexible spaces to fit an event of any size. Having the run of the House also allows the guests to move seamlessly from the ceremony to the wedding breakfast to the dancing.

For larger events, the Great Room, with its dramatic paintings, and the Benjamin Franklin Room, with its floor-length windows and Victorian crystal chandelier, are both popular choices. The converted vaults, given added atmosphere by candlelight, offer a striking alternative. Meanwhile, the refined elegance of the Tavern, Adelphi and Romney Rooms mean that smaller events can be just as memorable.

A dedicated organiser will take care of all the details to make sure the day is just as perfect as it should be, while the RSA's commitment to sustainability means the happy couple can tread lightly up and down the aisle without worrying that their wedding will cost the earth.





Discover more online ...

Further details about the RSA House (including a 360-degree tour of the venue) can be found at www.thersa.org/house.

... or come and see us

The RSA House is located in the heart of London's West End, within easy reach of Covent Garden, Trafalgar Square, the South Bank and numerous Underground and mainline stations.

Call the House team on 020 7930 5115 to arrange a visit.

RSA

8 John Adam Street
London
WC2N 6EZ



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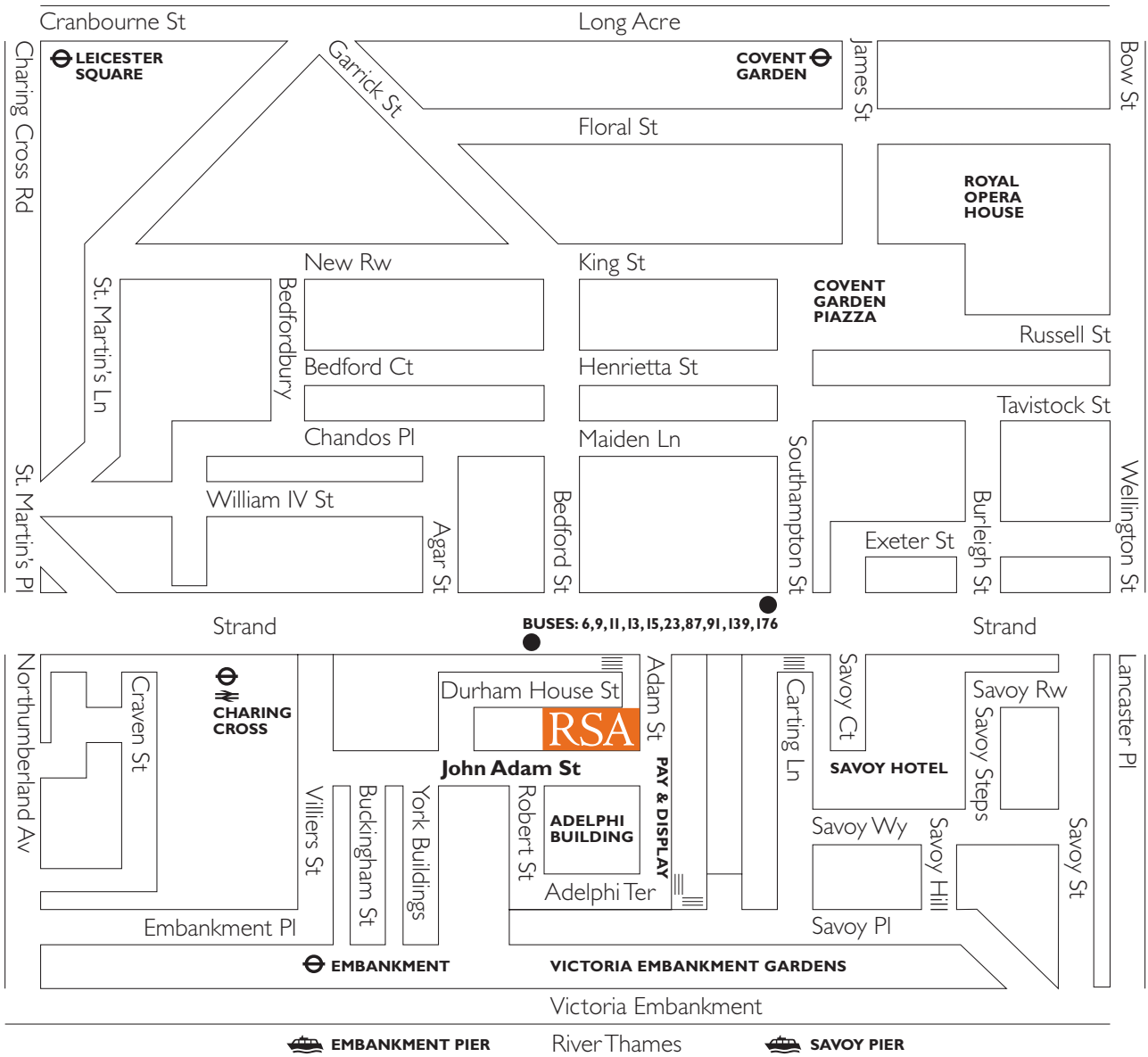
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RSA
House

How to find the RSA

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